

## SALADS

**Harvest Cobb** \$  
With fresh greens, crisp bacon, black beans, queso fresco, avocado with yuzu chimi

**Mixed Greens + Roasted Sweet Potato** \$  
With crispy pecans, cornbread crouton, charred lemon vinaigrette

**Kale + Roasted Beet** \$  
With baby spinach, crunchy pepita and bacon crumble, fuji apples, and creamy goat cheese

**Thai Fresh Salad** \$  
With red grapes, heirloom tomato, lettuce, cilantro and shaved red onion

### ADD TO YOUR BOWL:

Seared Tuna +\$ Grilled Flank Steak +\$

Rotisserie Chicken +\$ Quinoa Shroom Cake +\$

## HARVEST BOWLS

**Cubano Black Beans & Ancient Grain** \$  
With crispy plantain, and queso fresco

**Quinoa Curry** \$  
With roasted eggplant, shiitake mushroom, lemongrass, cauliflower, edamame, and fresh basil

**Pesto Veggie Bowl** \$  
Roasted Seasonal vegetables, fresh basil, cherub tomato, parmesan cheese, creamy pesto dressing

**Protein Bowl TBD** \$  
Fresh "no-mayo" kale slaw, edamame, black beans, and avocado with golden miso dressing

### ADD TO YOUR BOWL:

Seared Tuna +\$ Grilled Flank Steak +\$

Rotisserie Chicken +\$ Quinoa Shroom Cake +\$

## SANDWICHES

Warm Harvest Flatbread or Whole Grain Bun with Blue Corn Tortilla Chips or Crispy Sweet Potato

**American Harvest Burger** \$  
Harvest grind "never-ever" beef, pickle, fontina cheese, fancy sauce, caramelized onion

**Quinoa & Shiitake Mushroom Burger** \$  
Whole grain bun or warm pita bread, little gem lettuce, Harvest house mayo, and Dade county pickles

**Grilled Steak Sandwich** \$  
Caramelized shallot, yuzu chimi, baby spinach, heirloom tomato

**Farm Fresh "No Mayo" Chicken Salad** \$  
Rotisserie chicken, greens, avocado, red onion, bacon crumble, crispy pecan

**Hippie Chick** \$  
Avocado, chickpea, roasted red bell pepper, arugula, tomato, and cucumber



## DRINKS

Seasonal Flavored Lemonades & Iced Teas Small | X Large | X

Craft Sodas Small | X Large | X Kombucha X Craft Beers X

Organic White Wine 6oz | X 8oz | X Organic Red Wine 6oz | X 8oz | X

## PLATES

**Rotisserie Chicken Quarter** \$  
With smoked tomato vinaigrette, roasted sweet potato, shroom 'bacon', and scallion

**Grilled Steak Tacos** \$  
Blue corn tortilla, caramelized shallots, yuzu chimichurri, radish, avocado, cilantro

**Seared Tuna + Watermelon** \$  
With farm fresh tomato, living basil, and lime vinaigrette

**Crispy Cauliflower** \$  
with greek yogurt, lemon, roasted brussels sprouts, kimchee, fresh herbs

## SHARES

**Harvest Layered Dip** \$  
Black bean dip, Spanish faro, avocado, queso fresco, layered and served with fresh cilantro

**Spicy Edamame** \$  
Served warm with harvest spice blend and sea salt

**Crispy Brussels Sprouts** \$  
With sweet chili sauce and lemon juice

**Roasted Sweet Potato** \$  
With crispy mushroom 'bacon' and fresh scallion

TRI-FOLD  
MENU  
FRONT

## LITTLE ONES

### Mini Elvis \$

Little PB & J with sliced banana, and honey

### Chicken Little \$

Grilled chicken tenders, roasted potatoes

### Bean & Cheese Taquitos \$

On gluten-free fresh corn tortillas,  
served with blue chips

### S'getti & Meatballs \$

Heirloom tomato sauce, and crispy parmesan chips

## SWEETS

### Nutella Banana Split \$

Whipped cream, house made maraschino cherry,  
and candied pecans

### Red Velvet Sheet Cake \$

With Gramma's cream cheese icing

### S'mores a la Mode \$

Warm and toasty brownie with marshmallow,  
and graham

### Maple Waffle Ice Cream Sandwich \$

With choice of ice cream, and warm Belgian waffle

With a focus on fresh and regional, we source locally and nationally from foragers, farmers and specialty purveyors who share our passion for producing and utilizing only the highest quality seasonal produce, meats and ingredients. Our produce is fresh-picked and delivered daily and all our chicken, pork, fish and beef is responsibly sourced. We offer up an eclectic and inventive mix of flavors, ingredients and styles taking you on a journey through modern interpretations of the timeless tastes of multi-ethnic, farm-fresh and "clean" comfort cooking.



TRI-FOLD  
MENU  
BACK



[www.americanharvestkitchen.com](http://www.americanharvestkitchen.com)